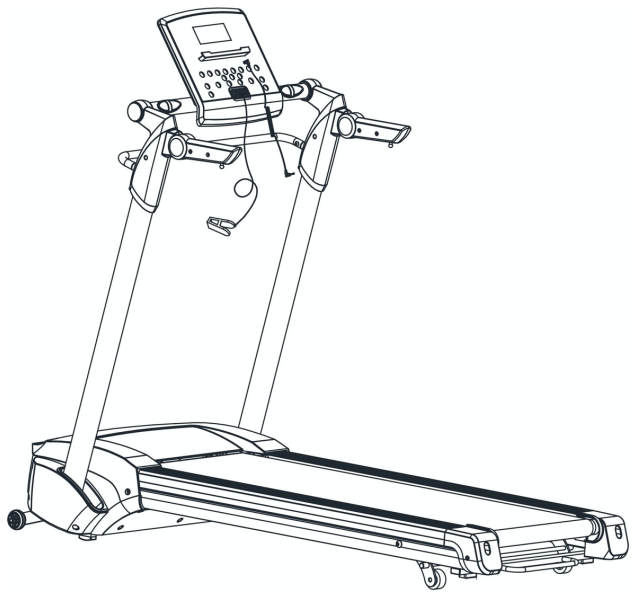# Easy Fold Treadmill

ROGERBLACK
F I T N E S S

Important – Please read these instructions fully before assembly or use

These instructions contain important information which will help you get the best from your equipment and ensure safe and correct assembly, use and maintenance.
If you need help or have damaged or missing parts, call our Service Centre on 0345 222 1462 or visit www.rogerblackfitness.com

Contents

Safety information

Important – Please read fully before assembly or use

This exercise equipment is built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment. Be sure to read the entire manual before you assemble, operate or use this equipment.

Assembly

• The product must be installed on a stable and level surface. Do not place the treadmill on any surface that blocks air openings. To protect the floor or carpet from damage, place a mat under the treadmill.

• Assemble the item as close to its final position (in the same room) as possible.

• Make sure you have enough space to layout the parts before starting.

• Keep children and animals away from the exercise area, small parts could pose a choking hazard if swallowed.

• Dispose of all packaging carefully and responsibly.
• Check you have all the components and tools listed in the parts list, bearing in mind that, for ease of assembly, some components are pre-assembled.

• The assembly of this equipment is best carried out by 2 people.
• Attention! Take care when unboxing and assembling your treadmill.
• On unboxing, ensure the treadmill is flat on the floor (with the wheels in contact with the ground), before cutting the retaining cable ties on both sides of the product.
• Do not under any circumstance turn the machine on its side. Failure to follow these instructions could result in serious injury.

Use

• It is the responsibility of the owner to ensure that all users of this product are properly informed as to how to use this product safely.

• This product is intended for domestic use only. **Do not** use in any commercial, rental, or institutional setting.

• Use the equipment only for intended use, as described in this manual. Do not use attachments not recommended by the manufacturer.

• Keep this equipment indoors, away from moisture and dust. Do not put the equipment in a garage, outbuilding, covered patio, or near water.

• Your product is intended for use in clean dry conditions. You should avoid storage in excessively cold or damp places as this may lead to corrosion and other related problems that are outside our control.
• Keep unsupervised children away from the equipment.

• Disabled persons should not use the equipment without a qualified person or doctor in attendance. **This product is not suitable for therapeutic purposes.**

• Always wear appropriate workout clothing when exercising. **Do not** wear loose or baggy clothing, as it may get caught in the equipment. Wear trainers to protect your feet while exercising.

• **Do not** place any sharp objects around the equipment.

• Keep hands away from all moving parts.
• If any of the adjustment devices are left projecting, they could interfere with the user's movement.
• Before using the equipment to exercise, always perform stretching exercises to properly warm up.
• Only one person at a time should use the equipment.
• A spotter is recommended during exercise.

• If the user experiences dizziness, nausea, chest pain, or other abnormal symptoms **stop the workout and seek immediate medical attention.**

• Injuries to health may result from incorrect or excessive training.

• This product is suitable for a maximum user weight **110 kg.**

• This product conforms to: BS EN ISO 20957-1 and BS EN 957-6 Class (H) - Home Use - Class (C).

• A folded treadmill should not be operated.

• Ensure the running surface comes to a complete stop before folding.

• The A-weighted emission sound pressure level is from 50 to 60 dBa.

Safety information

• Noise emission under load is higher than without load.
• When choosing a location for the equipment make sure that the location and position permit access to a plug.
• Do not operate this equipment where aerosol products are used or where oxygen is being administered.
• When connecting the power cord, plug the power cord into a grounded circuit. When replacing the fuse, an approved BS 1362 type should be fitted to the fuse carrier, A13 amp fuse should be used. No other appliance should be on the same circuit.
• Keep the power cord away from any heated surface.
• Do not operate the equipment if the power cord or plug is damaged, or if the equipment is not working properly.

• Never start the treadmill when you are standing on the running belt. Stand on the side rail, hold the handrails, start on a low speed and then step on the unit. When comfortable increase the speed to one that you are comfortable with.
• The treadmill is capable of high speeds. Adjust the speed in small increments to avoid sudden changes in speed.
• Never leave the treadmill unattended while it is running. Always remove the safety key when the treadmill is not in use.
• Always examine your treadmill before use to ensure all parts are in working order.
• Never insert any object or body parts into any opening.

Warning: Before beginning any exercise program, consult your Doctor. This is especially important for persons over the age of 35 or persons with pre-existing health problems. You MUST read all instructions before using any fitness equipment. Roger Black Fitness and its associates assumes no responsibility for personal injury or property damage sustained by or through the use of this product. Over exercising may result in serious injury or death. If you feel faint stop exercising immediately. Warning! Heart rate monitoring systems may be inaccurate. For the most accurate heart rate measure, please hold both hand pulse sensors continuously during any programme.

Please check you have all parts listed   below

Note: Some of the smaller components may be pre-fitted to larger components. Please check carefully before contacting Roger Black Fitness regarding any missing components.
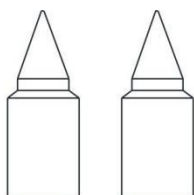
Lubrication Oil x 2

6# Allen Wrench x 1

Main Frame x 1
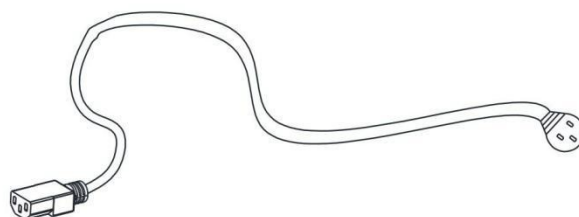
Power Cord x 1

MP3 Connection x 1
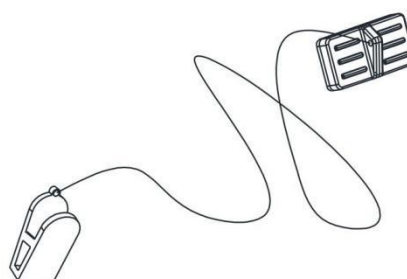
Safety Key x 1

Assembly Instructions

Total mass of the product is 52 kg. Total size of the equipment is (width) 71.5 cm × (depth) 162.5 cm × (height) 135 cm.
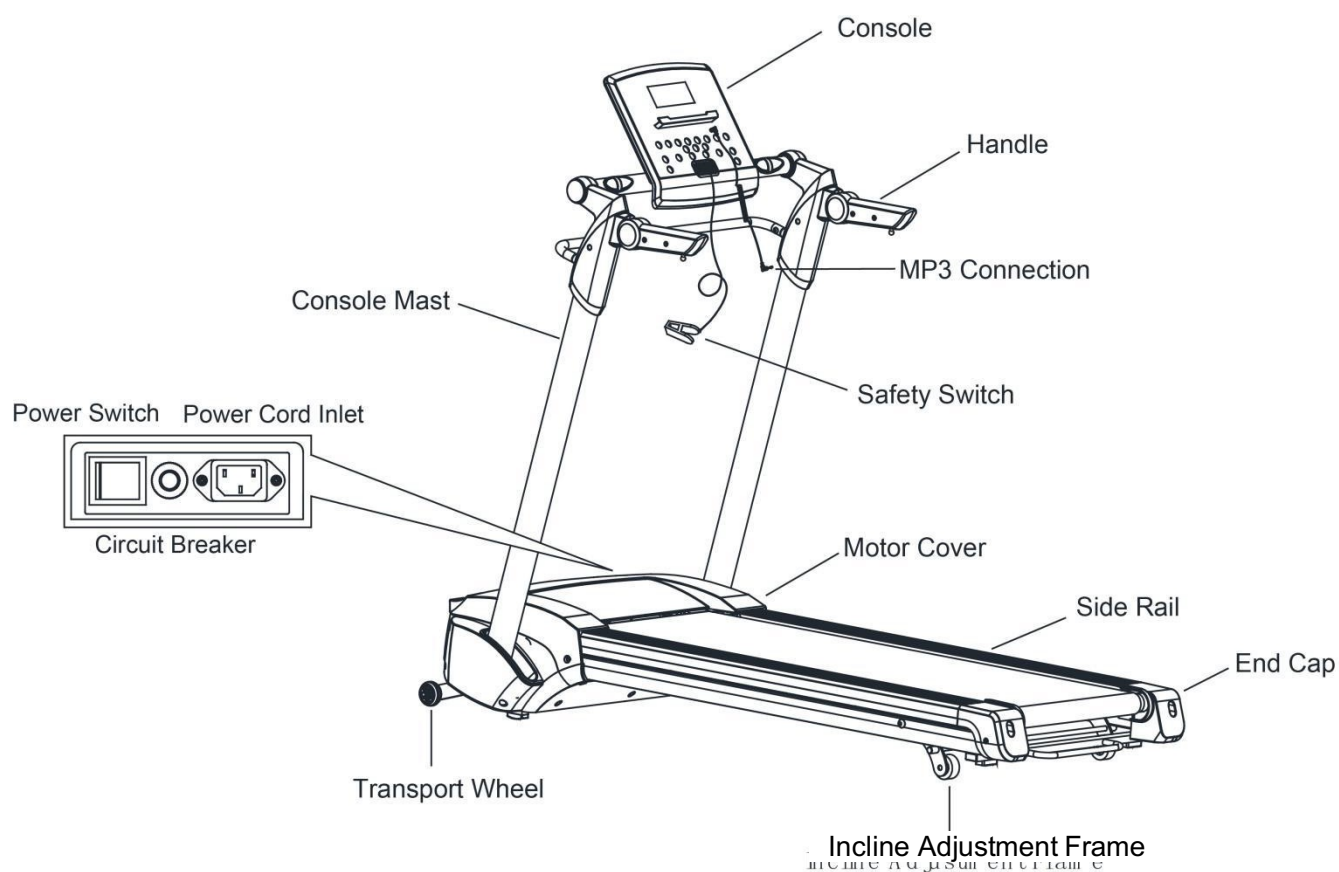
Assembly Instructions
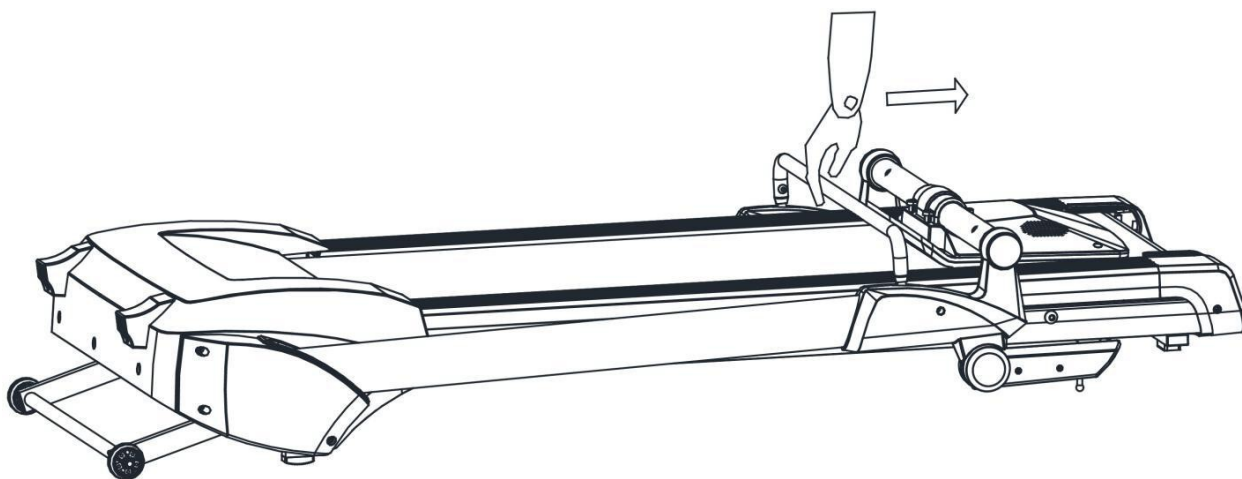
Step 1

Unbox the outer carton and take out the main frame.

Grasp the console rod with one hand and pull the lifting bar with another hand to the direction of the arrow as shown in the diagram.

Step 2

Grasp the lifting bar and pull to the direction as shown in the diagram.

Assembly Instructions
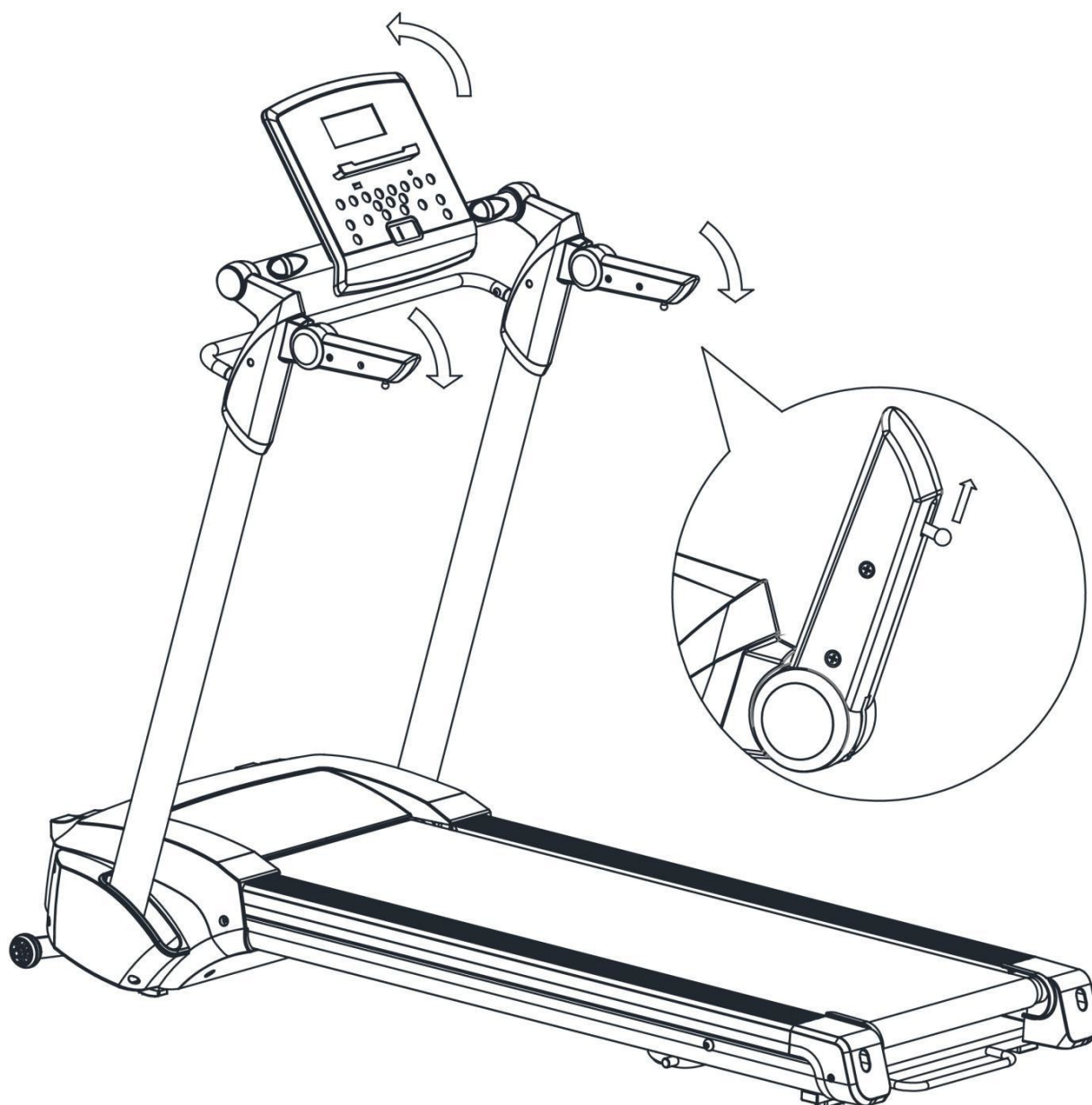
Step 3

When the console masts are folded in place, please loosen the lifting bar. Then fold the console housing and handrail in place as shown in the diagram.

Notes: the handle can be folded only after pull the ball pin on the end of the handle

Workout Area

The free area must be at least 0.6m greater than the training area. This is a space where you can safely dismount, without obstruction, in case of an emergency. Where two pieces of equipment are positioned adjacent to each other the free area may be shared. The free area behind the treadmill should be 2m in length and double the width of the product.
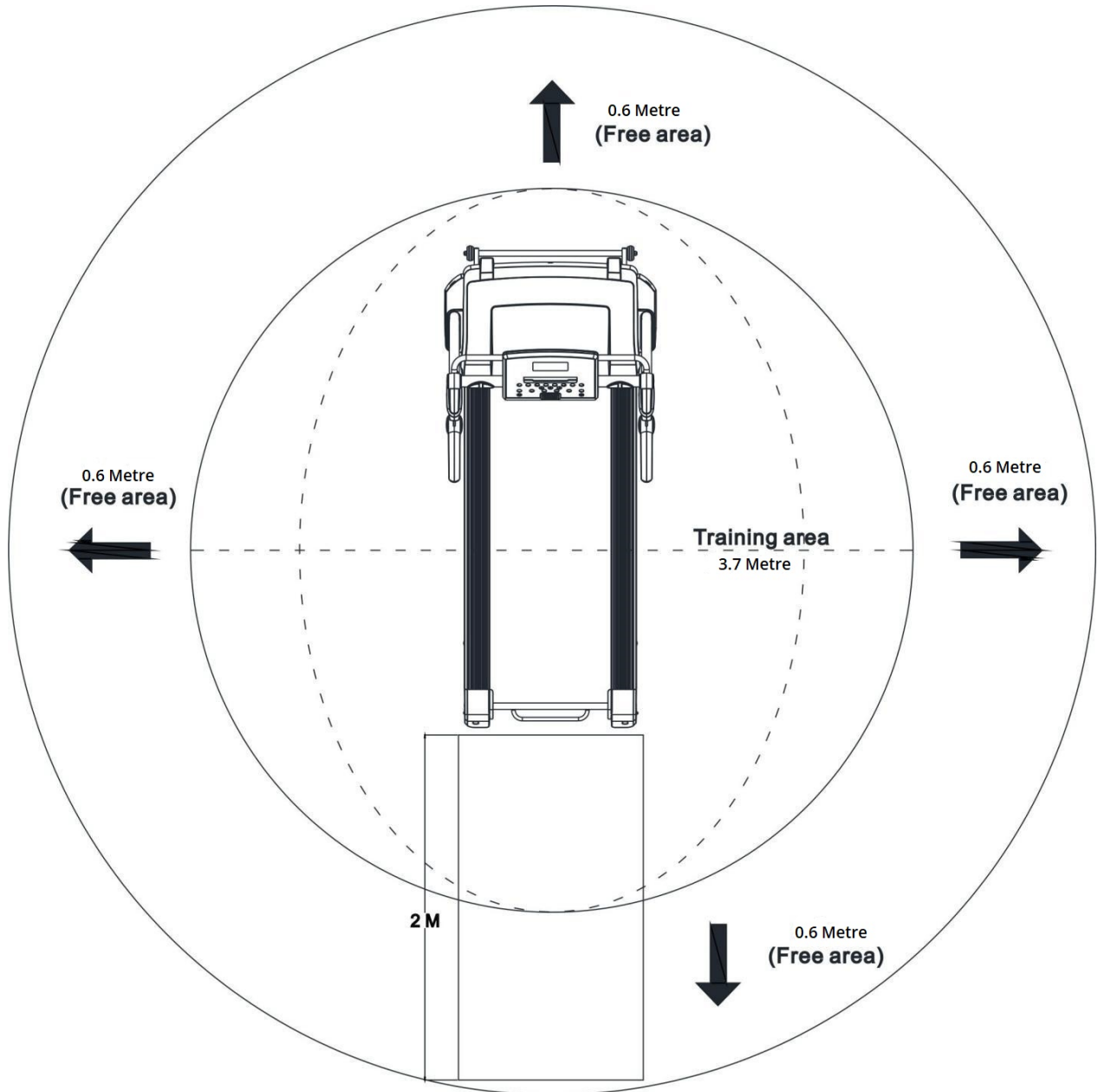
Only one person should be within the training area when the equipment is in use.

ROGER**BLACK**
F I T N E S S

Before starting

Tailor your exercise program according to your physical condition. If you have been inactive for several years, or are overweight, you must start slowly and increase your time on the equipment; a few minutes per workout increase is advisable.

Initially, you may be able to exercise only for a few minutes in your target zone, however, your aerobic fitness will improve over the next six to eight weeks. Don't be discouraged if it takes longer. It's important to work at your own pace.

Please remember these essentials:

• Have your doctor review your training and diet programs to advise you of a workout routine you should adopt.

• Begin your training program slowly with realistic goals.

• Monitor your pulse frequently. Establish your target heart rate based on your age and condition.

• Set up your equipment on a flat even surface with adequate training area, as prescribed in this manual.

Getting Started
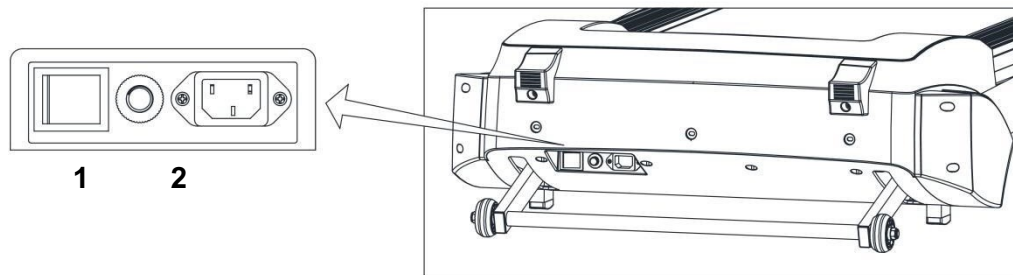
Plug your fitness equipment into the mains power and turn on the switch (**1**).
You will hear a beep and the computer screen will light up.

OVER-CURRENT PROTECTOR:
There is an over-current protector (**2**) located on the right side of the switch (**1**) (see above picture); in case of short circuit or over-current, the Button of the over current protector will pop up and the treadmill will power off; please unplug the power source and push down the button. Plug the machine back in and then turn on the switch to restart your treadmill. If the button pops up again, please contact Roger Black customer support.

Getting Started

104
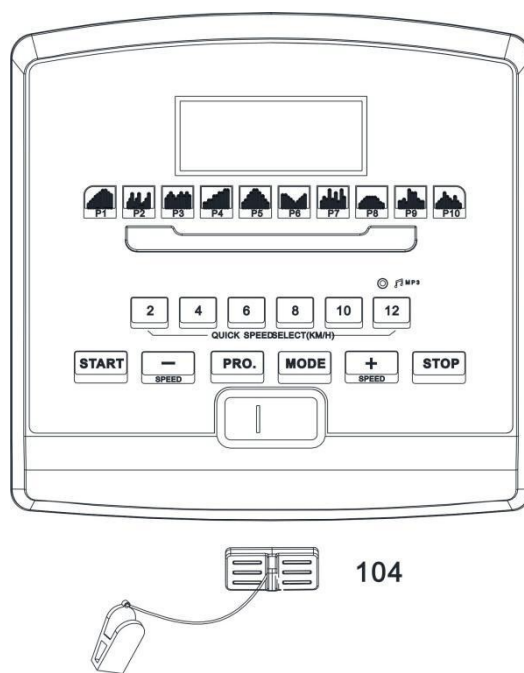
SAFETY KEY:
The treadmill will only work if the safety key (**104**) is properly locked in the provided notch of the console. Insert the safety key (**104**) and attach the clip to your chest or the waist belt of your clothes. Then move backward to test the safety key. The safety key should be able to be pulled out from the console with the clip still on your clothes.

If you need to turn the motor off immediately, just pull the safety key (**104**) out of the console. For emergency dismount hold the left or right handlebar then jump onto the side rail or the floor.

Console Operation
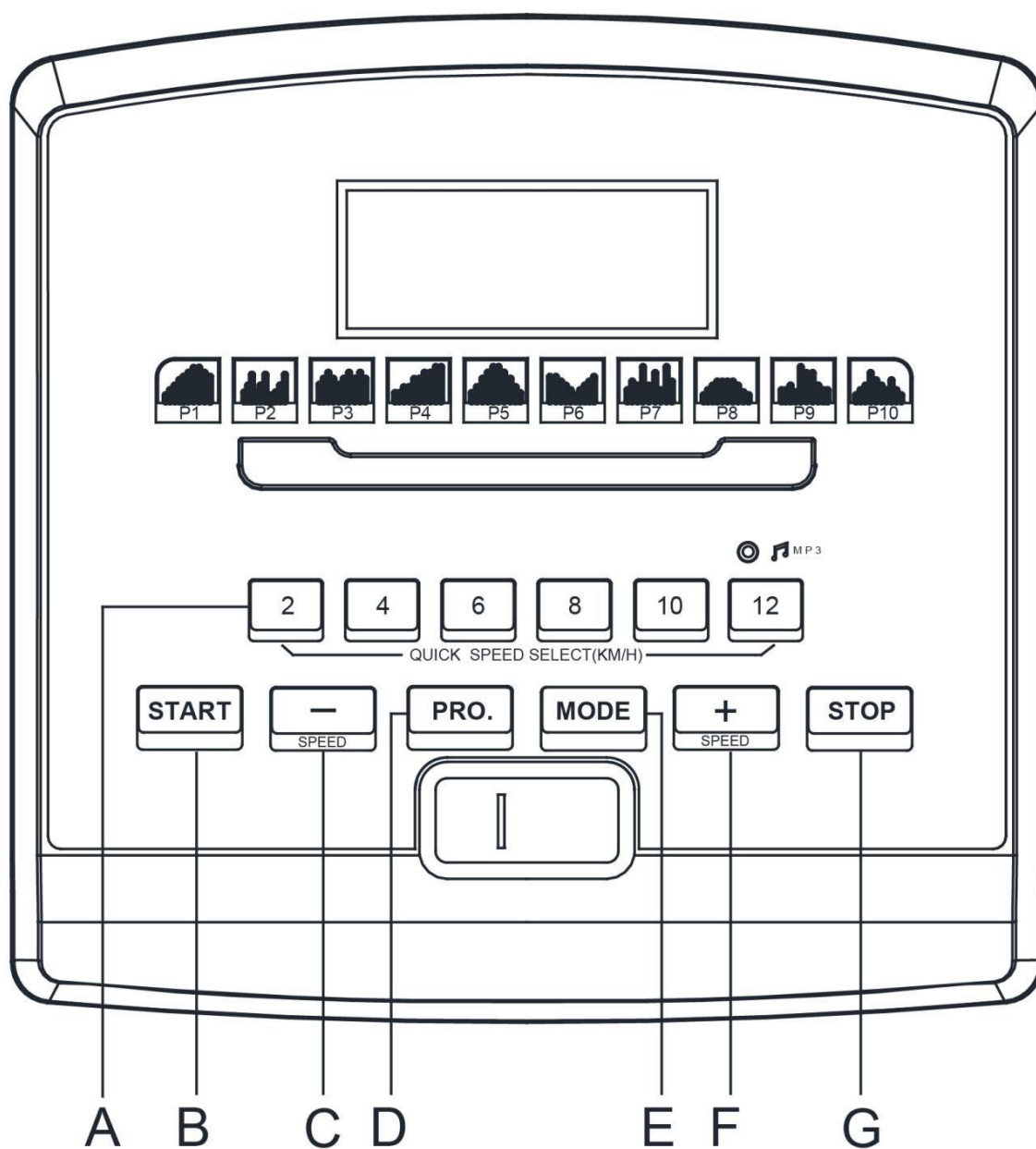
A Quick Speed Select
B Start
C Speed-
D PRO.
E MODE
F Speed+
G Stop

TECHNICAL SPECIFICATION

Time .... 00:00 99:59 min/sec
Speed   -0.0--13.0 km/h
Distance -------------------------- -0.0--99.9 km
Calories-----------------------------0--999 Kcal
Pulse ------------------------------50-200 BPM

START

Press to start your workout at an initial speed of

0.8km/h.

STOP

Press during workout, and the treadmill will

stop by gradually reducing the speed. And the

data will be cleared to Zero.

Return to Manual Mode and reset all the data to
Zero when set up the Workout Mode or Program.

QUICK SPEED SELECT

Press to select your desired running speed of 2, 4,
6, 8, 10 or 12km/h.

SPEED UP/DOWN

1. Press the speed+/- to increase/decrease
   exercise speed by 0.1km/h.
2. Press the speed+/- to select training time
   within a workout programme.
3. Press the speed+/- to select the desired
   training target (Time, Distance, Calories)
   within the target workouts.

MODE

Press to select training target workout mode
(Time-Distance-Calories count down).

PRO.

Press to select workout program (P01-P02-…-P14-
FAT).

Exercise Information

Console Operation

IMPORTANT
- The console will turn off automatically approximately ten minutes after the belt has stopped; pressing any button on the console will wake it up.

SAFETY KEY
- The safety key must be placed into the magnetic recess on the console in order to operate the treadmill. Always place the safety key in this position and attach the clip to your clothing waist band before beginning your workout.

- If you should need to stop the motor immediately, simply pull the safety key away from the console.

GENERAL OPERATION
1. Turn on the power switch at the front of your treadmill. This switch is located next to the mains power cord inlet.
2. Place the safety key into the magnetic recess on the middle front of the computer console.

The console will beep and all console window displays will function with a start display value of 0. *Note:* If the Safety Key is not placed correctly or is faulty, the "Speed" window will display "E00", which indicates that the treadmill will not operate.

If the Safety Key is removed during exercise, the console will beep, and "Speed" window will display "E00" and the treadmill will stop.

To stop the treadmill in an emergency, simply pull the safety key or press the red STOP button in the centre of the console. It is important that you connect the clothing clip to your shirt or other suitable clothing during exercise to ensure that this safety system can operate easily.

Note: The readings displayed by the computer should not be used for therapeutic purposes as they can vary due to the sensitivity of the equipment. Over exercising may result in serious injury or death. If you feel faint stop exercising immediately.

- **START YOUR TREADMILL**

Turn on the treadmill and press the "Start" button on the console.

Press "Speed +" or "Speed -" to adjust the speed. Pressing the key once will change the speed by 0.1Km/H.

Also, the user can press the "Quick Speed Select" button to select desired running speed.

- **STOP YOUR TREADMILL**

Press the "Speed -" button on the console to reduce the speed, then press the "Stop" key on the Console, and the treadmill will stop; turn off the switch if you intend to finish your workout.

If you remove the safety key the treadmill will stop and the console will display E00 until the safety key is replaced.

- **TRAINING TIME CONTROL WORKOUT MODE**

Turn on the treadmill, press the "MODE" button once, the "Time" window flashes and displays "15:00". Press "Speed +" / "Speed -" button to select your desired training time, (the range is 5:00—99:00 minutes).

Press "Start" to begin your workout, the time data will reduce gradually during your training and the treadmill will stop automatically when the "Time" window displays "0:00".

- **TRAINING DISTANCE CONTROL WORKOUT MODEL**

Turn on the treadmill, press the "MODE" key twice to enter distance count down mode, the initial distance is 1.00KM ".

Press "Speed +" / "Speed -" button to select your desired training distance (the range is 0.5—99.9 km).

Press "Start" to begin your workout; the distance data will reduce gradually during your training and the treadmill will stop automatically when the window displays "0.00".

- **BURNING CALORIE CONTROL WORKOUT MODEL**

Turn on the treadmill, press the "MODE" button three times to enter Calorie count down mode, the initial calorie is "50.0" Kcal.

Press "Speed +" / "Speed -" button to select the target calories for your workout (the range is 10.0---999 calories).

Press "Start" to begin your workout, the calories data will reduce gradually during your training, and the treadmill will stop automatically when the window displays "0.0".

- **SPEED ADJUSTMENT**

In any target control workout, press "Speed +" /"Speed -" button to choose your desired running speed.

Exercise Information

Console Operation

- **Program Workout Model (P01—P14)**
  In this mode, the user has a choice of Program P01 – Program P14.

1. Press the "Pro." button once, the "Distance" window will display "P01" and the "Time" window will display "10:00", which is the preset time of the treadmill for each program; press the "Pro." button to select your desired training program "P01-P14".

2. The preset workout time of the treadmill for each program is 10:00Mins; when you finish selecting workout program, press "Speed +" / "Speed -" button to select your desired

workout time (the range is: 5:00---99:00 minutes).

3. Press "Start" and the treadmill will count down from three before commencing the workout. The start speed depends on the program you have chosen.

4. For all preset values, please refer to following table and diagrams.

Any of the training program levels has 10 segments, and each segment time is 1/10 of the total time; during any training segments, press the "Speed +" / "Speed -" button to adjust your speed.

| TIME PROG		Set Time/10 =Running time for each segment									
		1	2	3	4	5	6	7	8	9	10
P01	SPEED	1.5	3.0	4.5	6.0	7.5	9.0	10.5	10.5	9.0	7.5
P02	SPEED	3.0	4.5	7.5	3.0	4.5	7.0	3.0	4.5	7.0	3.0
P03	SPEED	4.5	6.0	7.5	6.0	4.5	6.0	7.5	6.0	4.5	6.0
P04	SPEED	3.0	3.0	4.5	4.5	6.0	6.0	7.5	7.5	9.0	9.0
P05	SPEED	3.0	4.5	6.0	7.5	9.0	9.0	7.5	6.0	4.5	3.0
P06	SPEED	7.5	7.5	6.0	4.5	3.0	1.5	3.0	4.5	6.0	7.5
P07	SPEED	3.0	6.0	4.5	9.0	4.5	7.5	3.0	9.0	6.0	4.5
P08	SPEED	1.5	3.0	4.5	6.0	6.0	6.0	6.0	4.5	3.0	1.5
P09	SPEED	3.0	3.0	4.5	7.5	7.5	7.5	7.5	4.5	3.0	3.0
P10	SPEED	1.5	3.0	4.5	7.5	6.0	4.5	3.0	6.0	3.0	1.5
P11	SPEED	2.0	5.0	8.0	10.0	7.0	7.0	10.0	10.0	7.0	7.0
P12	SPEED	3.0	4.0	9.0	9.0	5.0	9.0	5.0	8.0	5.0	9.0
P13	SPEED	3.0	6.0	7.0	5.0	9.0	9.0	7.0	5.0	5.0	7.0
P14	SPEED	2.0	2.0	4.0	5.0	6.0	5.0	4.0	3.0	2.0	1.0

BODY FAT ANALYSIS

- On standby status, press PROG. Button and select FAT to enter body constitution index detection function, and SPEED window displays set parameters, TIME window displays: F-1—Sex, F-2—Age, F-3—Height, F-4—Weight F- 5- Body constitution test; press MODE button to enter next setting, press SPEED+/- button to set parameters (see below table) for F-1—F-4. Press the "FAT" key again, the "Speed" window displays: "25" – Which is the treadmill pre-set user's age the "Time" window is displaying "F - 2". Press "Speed +" or "Speed -" or "Incline +" / "Incline -" button to select your correct age. (Range is: 10 – 99 years).

- When entering F-5 interface, grasp the handle pulse sensor for 5 minutes, it will display your body constitution value, from it may view whether your weight and height is matched. The body constitution index is used to measure the relations between weight and height, not for body proportion, fat test is appropriate for any male and female, together with other health index providing a basis to adjust weight. An ideal body fat is between 20 - 25, lower than 19 means under-weight, if between 25 - 29, it means overweight, if exceeding 30 means obesity. The data is only for reference, not for therapeutic purpose）.

Body Fat Scale Parameter Table			
FAT	ITEM	SET OR ANALYSIS DATA	
F-1	Gender	01-Male	02-Female
F-2	Age	10-99 (25)	
F-3	Height	100-200 (170)	
F-4	Weight	20-150 (70)	
F-5	Body Fat	<19	Under weight
		19~25	Ideal weight
		>25	Overweight

Folding Mechanism and Locking System
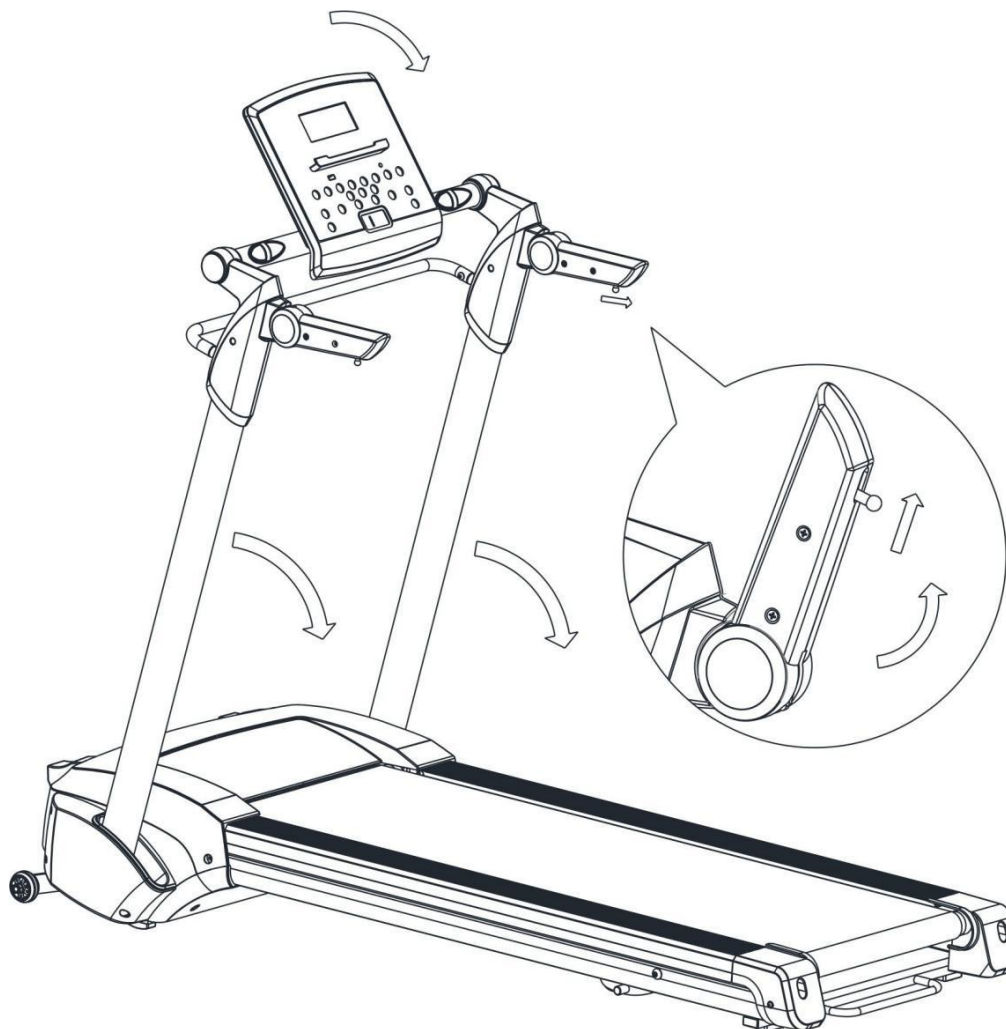
- When you need to pack the treadmill up, according to the indicated by the arrows please hold on armrest pin to fold armrest up and roll the dial plate downward. Then please hold handrail bar with one hand and pull the level bar up with another hand, put the upright down slowly.

Care and Maintenance

1. The safety level of the equipment can only be maintained if it is examined regularly for damage and wear e.g. ropes, pulleys and connection points.

2. Lubricate moving parts with light oil periodically to prevent premature wear. Never use abrasives or solvents to clean the treadmill. To prevent damage to the computer, keep liquids away and keep it out of direct sunlight.

3. Inspect and tighten all parts before using the equipment. Replace defective components immediately and/or keep the equipment out of use until repair. Pay special attention to components most susceptible to wear.

4. The equipment can be cleaned using a damp cloth and mild non-abrasive detergent. **Do not** use solvents.

5. Do not attempt to repair this equipment yourself. Should you have any difficulty with assembly, operation or use of your exercise product or if you think that you may have parts missing, contact our Service Centre on 0345 222 1462

Guarantee:
For guarantee purposes, please retain your purchase receipt.

Improper maintenance can cause damage to the treadmill or shorten the life of the product and exceed the LIMITED WARRANTY coverage.

A. *Important:* Never use abrasives or solvents to clean the treadmill. To prevent damage to the computer, keep liquids away and keep it out of direct sunlight.

B. All parts of the treadmill must be checked and tightened regularly. Worn parts must be replaced immediately.

BELT ADJUSTMENT
You may need to adjust the running belt during the first few weeks of use. All running belts are properly set at the factory. It may stretch or become misaligned following use. Stretching is normal during the break-in period.

ADJUSTING THE BELT TENSION
If the running belt feels as though it is "slipping" or hesitating when you plant your foot during a run, the tension on the running belt may have to be increased.

TO INCREASE THE RUNNING BELT TENSION
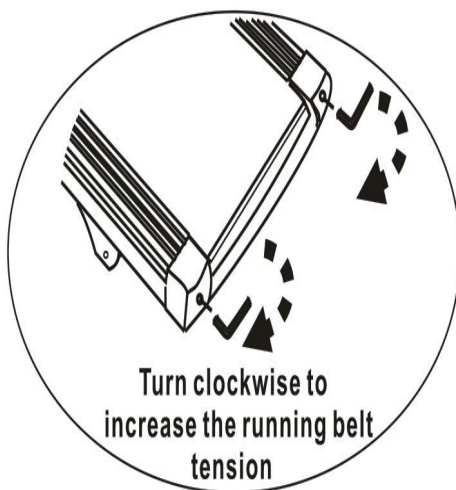
STEP 1: Place 6# Allen wrench on the left belt tension bolt. Turn the wrench clockwise 1/4 turn to draw the rear roller and increase the belt tension.

STEP 2: Repeat STEP 1 for the right belt tension bolt. You must be sure to turn both bolts the same number of turns, so the rear roller will stay square relative to the frame.

C. Repeat STEP 1 and STEP 2 until the slipping is eliminated.

D. Be careful not to tighten the running belt tension too much as you can create excessive pressure on the front and rear roller bearings. An excessively tightened running belt may damage the roller bearings that would result in bearing noise from the front and rear rollers.

TO DECREASE THE TENSION ON THE RUNNING BELT, TURN BOTH BOLTS COUNTER-CLOCKWISE THE SAME NUMBER OF TURNS.

Turn clockwise to increase the running belt tension

Turn counter-clockwise to decrease the running belt tension
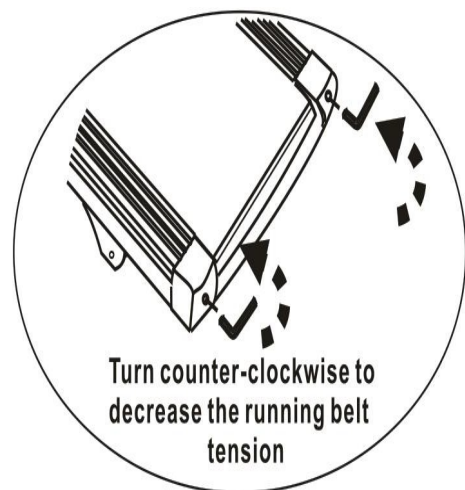
Care and Maintenance
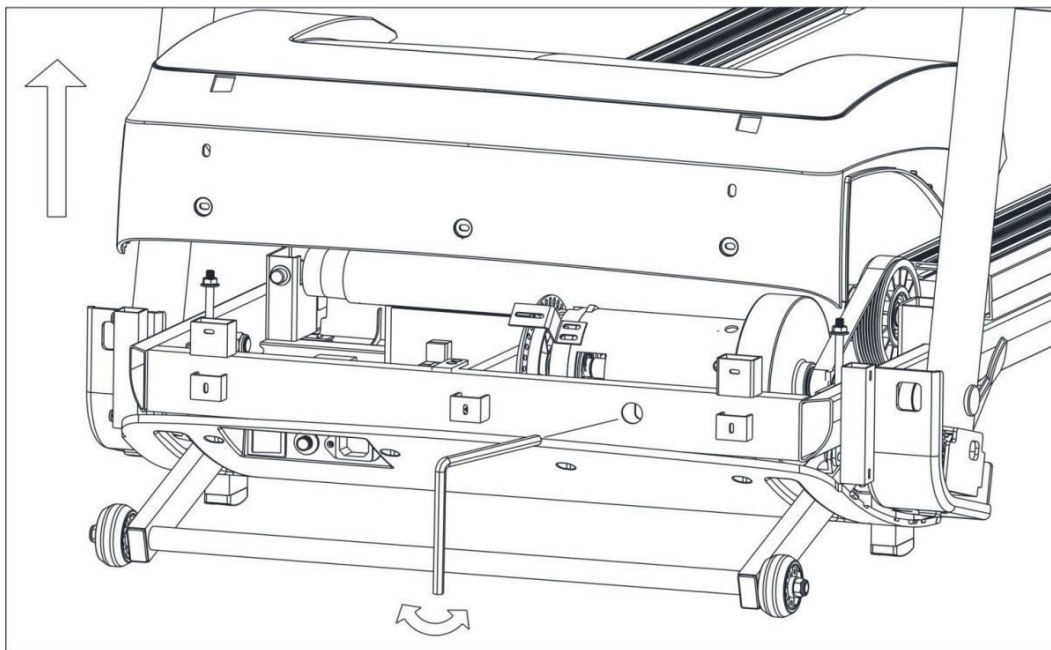
When you need to adjust the degree of tightness of motor belt please open the cover of the motor firstly. During your workout, if you find the running belt is not running smoothly, that means the motor belt is loose, please follow the below steps to adjust the motor belt tension:

1. Open the motor cover and loosen 4 x 61# bolts using 6# Hexagon wrench. Rotate the motor adjusting screw in clockwise direction by using 6# Hexagon wrench, the motor belt will be tightened.

After the motor belt tightened, fasten the 4 x 61# bolts and then assemble the motor cover.

2. Re-start the treadmill and run on the treadmill; if the running belt is still not working properly, repeat the above step.

3. Please do not make the motor belt too tight; if the belt is over tightened it will overload the treadmill and reduce the motors life.

Care and Maintenance

Deck Lubrication

The treadmill is pre-lubricated. However, it is recommended to check the lubrication of the treadmill regularly, to ensure optimal operation.

After every 2 months of operation, lift the sides of the treadmill running belt and feel the surface of the deck, as far as possible. If traces of silicon spray are found, lubrication is not necessary. If the surface is dry, refer to the instructions below.

Only use 100% silicon oil to lubricate your treadmill deck.

To apply lubricant on the belt

- Lift the belt at one side and hold the spray valve at a distance of approximately 15cm between the running belt and the deck. Spray from the front to the rear of the deck. Repeat this process on the other side of the belt. Spray each side for about 4 seconds.

- Wait 1 minute to let the silicon spray spread, before starting the machine to circulate the oil over the running deck.

CLEANING
Regular cleaning of the belt ensures a long product life.

- *Warning:* The treadmill must be turned off to avoid electric shocks. The power cord must be pulled out of the socket, before starting the cleaning or maintenance.

- *Caution:* Do not use any abrasives or solvents. To avoid damage to the computer, keep any liquids away. Do not expose the computer to direct sunlight.

- **After each training**: Wipe the console and other surfaces with a clean soft and damp cloth to remove sweat residues.

- **Weekly**: To make cleaning easier, it is recommended to use a mat under the treadmill. Shoes can leave dirt on the belt that can fall beneath the treadmill. Clean the mat under the treadmill once a week.

STORAGE
Store your treadmill in a clean and dry environment. Ensure the master power switch is off and is un-plugged from the electrical wall outlet.

Care and Maintenance

Trouble Shooting

Symptom	Cause and Check	Solution
E00	Safety Key not in the position	Re-locate the safety key in the correct position
E01	No signal to Controller from console	A: Check the Main Controller Wire B: Replace the PCB Board
E02	Motor communication error	A: Check the wire from motor to controller B: IGBT breakdown, Replace the controller C: Check the power voltage if 50% lower than rate voltage D: replace the motor wire or change motor
E04	Incline Motor communication error	A: Check the wire from incline motor to controller B: Replace the incline motor C: Replace the controller
E05	Over current protector	A: Over loading or over resistance, restart the treadmill B: Transmission parts seized up, check the parts C: Replace controller D: Motor breakdown, change the motor
E06	Motor Open Circuit	Connect the Motor link
E08	IC Driver Error	Replace the IC driver or change the IC driver
E09	Folding up protect	A: Do not fold up the running deck when treadmill in is running B: If the running deck in laying position and show E09, you need change the controller
E10	Motor instantaneous current abnormal	A: Adjust the torsion potentiometer of the Controller to lower B: Motor Breakdown, change the motor
E11	Over voltage protector	Voltage over 270v (for 220v) or 150v (for 110v) -- turn off the treadmill and check the power source
E13	No signal to console from Controller	A: Check the Main Controller Wire B: Change the controller
E14	Lower voltage protector	Voltage lower than 160v (220v) or 70v (110v) -- turn off the treadmill and check the power source

Exploded Parts Diagram

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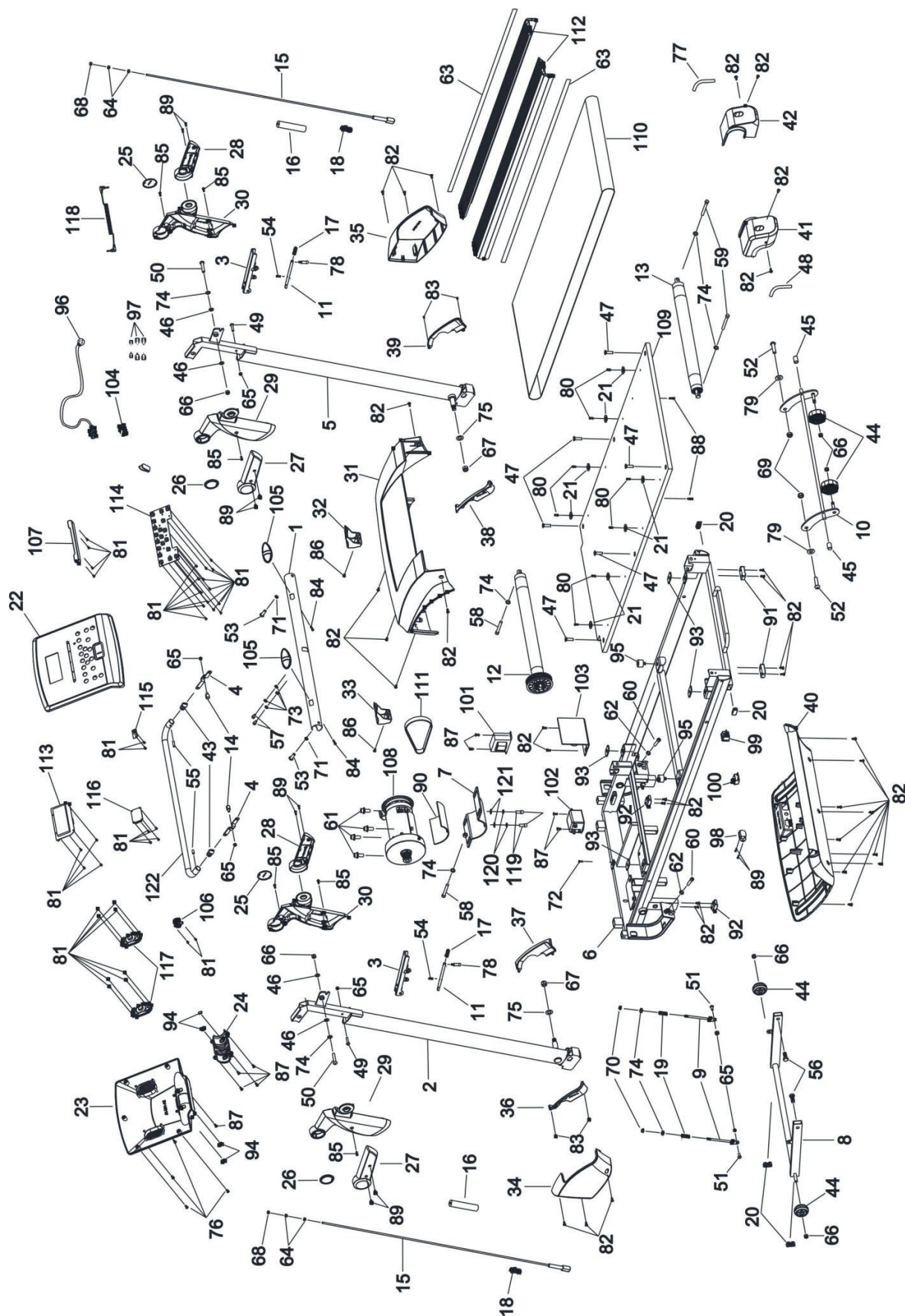
Parts List

No.	Description	QTY	Code	No.	Description	QTY	Code
1	Handrail Bar	1	2A1203632	62	M8 Nut	2	3B52DCB00034
2	Left Console Mast	1	2A1203633	63	M3 Nut	2	3B52DCB00015
3	Handle	2	2A1300156	64	M5 Hex Nut	4	3B52DCB00027
4	Connector	2	2A1300150	65	M6 Aircraft Nut	6	3B52DCC00021
5	Right Console Mast	1	2A1203637	66	M8 Aircraft Nut	6	3B52DCC00015
6	Running Stage	1	2A1203638	67	M12 Aircraft Nut	2	3B52DCC00019
7	Motor Support	1	2A1203639	68	M5 Aircraft Nut	2	3B52DCC00021
8	Base Frame	1	2A1203640	69	M10 Aircraft Nut	2	3B52DCC00031
9	Spring Rod	2	2A1300151	70	M6 Flange Lock Nut	2	3B52DCF00023
10	Incline Adjustment Frame	1	2A1203642	71	Φ4 Spring Washer	1	3B53DIB00050
11	Sliding Pin Plate	2	3B67E00365	72	Φ3 Spring Washer	2	3B53DIB00049
12	Front Roller	1	2A0500018	73	Φ6 Washer	4	3B53DIB00004
13	Rear Roller	1	2A0500019	74	Φ8 Washer	8	3B53DIB00010
14	Step Bolt	2	3B51DBZ00026	75	Φ12 Washer	2	3B53DIB00034
15	Thread Rod	2	3B67E00279	76	Φ4 Washer	1	3B53DIA00011
16	Thread Rod Base	2	3B67E00372	77	Φ3 Washer	2	3B53DIA00015
17	Φ10×Φ1.2×42 Tension Spring	2	3B61EJB00009	78	Φ20 x Φ4 x1Bigger Washer	4	3B53DIB00064
18	Φ16.5×Φ2×45 Compressed Spring	2	3B61EJB00007	79	Φ25 x Φ11x2 Plastic Washer	2	3B53DIZ00021
19	Φ11×Φ1.5×66 Compressed Spring	2	3B61EJB00008	80	ST4.8 x 15mm Phillips Screw (Z)	8	3B55DDA00016
20	End Cap	4	3C51JBB00177	81	ST2.9 x 8mm Phillips Screw	40	3B55DDA00026
21	Side Rail Fixer	8	3C51JBF00129	82	ST4.8 x 15mm Phillips Screw	34	3B55DDB00009
22	Console Upper Housing	1	3C51JBG00265	83	ST2.9 x 10mm Phillips Screw	4	3B55DDB00014
23	Console Bottom Housing	1	3C51JBG00266	84	ST4.2 x 25mm Phillips Screw	2	3B55DDC00004
24	Console Rotate Cover	1	3C51JBG00267	85	ST4.2 x 12mm Phillips Screw	6	3B51DBG00017
25	Handrail Decoration Cap	2	3C51JBG00719	86	ST4.8 x 20mm Phillips Screw	2	3B55DDB00027
26	Handrail Decoration Ring	2	3C51JBG00720	87	ST4.2 x 15mm Phillips Screw	13	3B55DDC00001
27	Left Handle Cover	2	3C51JBG00270	88	ST4.2 x 30mm Sunk Screw	2	3B55DDC00007
28	Right Handle Cover	2	3C51JBG00271	89	ST4.2 x 15mm Sunk Screw	8	3B55DDE00010
29	Left Handrail Cover	2	3C51JBG00272	90	Motor Base	1	3C600067
30	Right Handrail Cover	2	3C51JBG00273	91	Shock Pad	2	3C51JBF00162
31	Motor Cover	1	3C51JBG00329	92	Air Cushion	2	3C600112
32	Left Ground Support	1	3C51JBG00275	93	Running Deck Bumper	4	3C600113
33	Right Ground Support	1	3C51JBG00276	94	Damper Pad	4	3C600114
34	Left Console Mast Cover	1	3C51JBG00277	95	Rubber Cushion	2	3C600115
35	Right Console Mast Cover	1	3C51JBG00278	96	Power Cord	1	3D22O00003
36	Left Console Mast Decoration (L)	1	3C51JBG00721	97	Short Cord	1	3D22O00021
37	Left Console Mast Decoration (R)	1	3C51JBG00722	98	Power Socket	1	3D23O00009
38	Right Console Mast Decoration (L)	1	3C51JBG00723	99	Power Switch	1	3D23O00010
39	Right Console Mast Decoration (R)	1	3C51JBG00724	100	Over Current Protector	1	3D23O00014
40	Motor Bottom Cover	1	3C51JBG00283	101	Inductor	1	3D23O00027
41	Left End Cap	1	3C51JBG00284	102	Filter	1	3D23O00028
42	Right End Cap	1	3C51JBG00285	103	Driving Board	1	3D21O00128
43	Plug	2	3C51JBG00286	104	Safety Key	1	3D23O00042
44	Transport Wheel	4	3C59J00048	105	Handle Grip	1	3D23O00045
45	Nylon Sleeve	2	3C59J00103	106	Insert Switch	1	3D23O00047
46	Φ15.5×Φ8×0.8 Plastic Washer	4	3C59J00104	107	IPAD Holder	1	3D23O00118
47	M8 x 24mm Sunk Bolt	6	3B51DBA00008	108	Motor	1	3D300020
48	M3 x 12mm Sunk Bolt	2	3B55DDC00010	109	Running Deck	1	3D51P00010
49	M6 x 27mm Allen Bolt	2	3B51DBD00066	110	Running Belt	1	3D52P00013
50	M8 x 40mm Allen Bolt	2	3B51DBD00070	111	Motor Belt	1	3D59P00005
51	M6 x 15mm Allen Bolt	2	3B51DBD00165	112	Side Rail	2	3D79Q00025
52	M10 x 40mm Allen Bolt	2	3B51DBD00256	113	LCD Screen	1	3D21O00128
53	M8 x 25mm Allen Bolt	2	3B51DBK00040	114	PCB Board	1	3D21O00128
54	M4 x 10mm Phillips Bolt	1	3B59D00022	115	MP3 Module	1	3D21O00128
55	M6 x 15mm Phillips Bolt	2	3B51DBD00165	116	Power Amplifier	1	3D21O00128
56	M10 x 25mm Hex Bolt	2	3B51DBJ00116	117	Speaker	2	3D21O00128

57 M6 x 12mm Cylinder Head Bolt	2	3B51DBK00005	118	MP3 Connection	1	3D21O00128
58 M8 x 60mm Cylinder Head Bolt	2	3B51DBK00023	119	M8×16mm Hex Bolt	2	3D300020
59 M8 x 70mm Cylinder Head Bolt	2	3B51DBK00034	120	Φ8 Spring Washer	2	3D300020
60 M8 x 30mm Cylinder Head Bolt	2	3B51DBK00040	121	Φ8 Washer	2	3D300020
61 M10 x 25mm Cylinder Head Bolt	4	3B51DBJ00116	122	Lifting Bar	1	2A1204178

Guarantee

Product Guarantee
This product is guaranteed against manufacturing defects from a period of

1 Year

This product is guaranteed for twelve months from the date of original purchase. Any defect that arises due to faulty materials or workmanship will either be replaced, refunded or repaired free of charge where possible during this period by the dealer from whom you purchased the unit.

The guarantee is subject to the following provisions:
- The guarantee does not cover accidental damage, misuse, cabinet parts, knobs or consumable items.
- The product must be correctly installed and operated in accordance with the instructions contained in this manual.
- It must be used solely for domestic purpose.
- The guarantee will be rendered invalided if the products is re-sold or has been damaged by inexpert repair.
- Specifications are subject to change without notice.
- The manufacturer disclaims any liability for the incidental or consequential damages.
- The guarantee is in addition to and does not diminish your statutory rights.
- In the event of problem with the product within the guarantee period call

Service Centre number: 0345 222 1462

Guarantor: Roger Black Fitness Limited, 9 Stratfield Park, Elettra Avenue, Waterlooville, United Kingdom, PO7 7XN